



Frequently Asked Questions about Ultherapy

What is Ultherapy?

Ultherapy is a non-surgical FDA approved face treatment that uses ultrasound to actually lift and tone loose or sagging skin without any downtime.

What is unique about the Ultherapy procedure?

Ultherapy is the only non-invasive treatment that can specifically target the deep foundation below the skin – typically addressed in cosmetic surgery – without cutting or disrupting the surface of the skin.

What does the ultrasound therapy do? Ultherapy deposits focused ultrasound energy below the surface of the skin to stimulate the body's creation of new collagen. As a result, skin will actually begin to lift and tone over time.

How does Ultherapy stimulate the creation of collagen?

Collagen is a natural protein that gives skin its youthfulness by keeping it firmed, toned and elastic. As we age, collagen loses its elasticity and its ability to stand up to the effects of gravity that pull the skin downward. Ultherapy jump starts a repair process that produces fresh, new collagen.

Can Ultherapy replace a face lift?

While Ultherapy is not a replacement for a surgical face lift, there are many people who want some lifting but are not ready for surgery, it is a viable option for those not ready for a face lift but want an eyebrow lift and to tighten skin and regenerate collagen. There also are younger people who want to "stay ahead of the game" as well as those looking to prolong the effects of cosmetic surgery.

How is Ultherapy different from lasers?

Lasers typically address issues in the superficial layers of the skin (e.g. fine lines, wrinkles, pigment changes). Ultherapy addresses the deep skin layer and the foundational layer addressed in cosmetic surgery that lift and lend support to the skin. Therefore, the two technologies are quite complementary!

Who is a good candidate for Ultherapy?

A good candidate for Ultherapy is someone with skin that has "relaxed" to the point of looking, and often feeling, less firm. A lowered eyebrow line or sagging skin on the eyelids, for instance, is often the first sign of "maturing" skin. Typically, those in their thirties and older who have mild to moderate skin laxity are candidates.

How long do results last?

Patients treated with Ultherapy still have fresh young collagen after a year's time following the procedure, but skin continues to age. Future touch-up treatments can help keep pace with the aging process, which varies by individual.

Will I need more than one treatment?

The majority of patients only need one treatment; however, some may benefit from more than one treatment (depending on how much laxity they have and their body's own biological response to the ultrasound and the collagen-building process).

Is Ultherapy painful?

Comfort thresholds vary from patient to patient, but there can be some discomfort while the ultrasound energy is being delivered. This is temporary and a positive signal that the collagen-building process has been initiated.

We will consult with you prior to your skin treatment to make your experience as pleasant as possible. Patients typically leave comfortable and excited about the benefits to come!

Are there any side effects?

There may be slight redness for up to an hour or so following the treatment, and a small percentage of patients may have slight swelling, tingling or tenderness to touch, but these are mild and temporary in nature. There is always the possibility for other less common post-procedural effects, which we'll review with you.

For more information schedule a complimentary consultation with Dr. Marc Epstein at 914-301-9425